

TRUST ME...

1. Set up an obstacle course, in the garden or a safe place at home
2. (Don't use anything that's fragile!)
3. Blindfold one of your family
4. Direct them through the obstacle course – making sure they step around what you have put in the way!
5. If your directions are good **AND IF THEY TRUST YOU**, they should get to the end without standing on anything!

